

WAIVER AND RELEASE

In consideration of being given the option to use the NOAA, Western Regional Center, Fitness Center, I do, for myself and my family, heirs, executors, representatives, administrators and assigns, hereby waive, release and forever discharge The National Oceanic & Atmospheric Administration and its officers, employees and agents, from and against any and all claims, liabilities and causes of action, whether foreseeable or unforeseeable, which may at any time arise out of or relate in any manner, directly or indirectly, to my use of said fitness center or participation in any services or programs related thereto. This Waiver and Release shall include, but not be limited to a release of all claims, liabilities and causes of action which may arise at any time in connection with any injury to me or others, or death, caused by or related to my use of said fitness center or participation in any services or programs related thereto.

I hereby affirm that I have read this Waiver and Release and that I fully understand its contents. I also acknowledge that I have read and fully understand the "Western Regional Center (WRC) Facility Management Rules " governing the use of the exercise room located in Building 2.

Print Name: _____

Signature: _____

Date: _____

Witness: _____

Date: _____